



# NEWINGTON SUMMER YOUTH ADVENTURES



**REGISTRATION DEADLINE IS June 6, 2013**

**OPEN TO STUDENTS ENTERING GRADES 5 THRU 9**



# 2013



**\*\*Look on Page 6 for our NEW WalkingStick Adventures  
Programs just for students entering 8th & 9th grade!!\*\***

## **NEWINGTON SUMMER YOUTH ADVENTURES PHILOSOPHY**

Newington Summer Youth Adventures is a positive youth development program designed to introduce and support the pursuit of leisure and recreational activities that combine adventurous, educational, creative and cultural aspects of the youth experience.

Our goal is to provide interesting, inclusive, safe, challenging and fun activities that encourage young people to grow and develop within themselves and their community.

## **FOR INFORMATION CONTACT:**

Youth Services Coordinator, Rik Huggard  
(860) 665-8594

Or email: [rhuggard@newingtonct.gov](mailto:rhuggard@newingtonct.gov)

You may also visit our website at:

<http://www.newingtonct.gov>



## **REGISTRATION INFORMATION**

**REGISTRATION:** Registrations will be processed in the order they are received. However, priority will be given to registrants who sign up for an entire program block as opposed to an individual day within a program. Participants must sign up for the entire program block for programs that do not list a daily rate.

**DEADLINE:** Completed registrations and payments must be received by **Thursday, June 6, 2013 at 4:30pm.** All program registrations should be mailed or dropped off at the Human Services Department 131 Cedar Street Newington, CT 06111. **Office Hours are Monday-Friday 8:30am-4:30pm.** Complete program brochure and registration forms can also be found on our website at: <http://www.newingtonct.gov/content/78/118/132/3213.aspx>

**PAYMENT:** Only one check is requested for payment. Make checks payable to **Newington Human Services.**

**CONFIRMATION LETTERS:** After registration is closed, you will be mailed a confirmation letter with complete program information. Anyone who does not get into a program can be placed on a waiting list or receive a refund.

**QUESTIONS:** If you have questions before the registration deadline call Rik Huggard at 860-665-8594. Beginning **June 4**, a recorded message with updated program information will be available at **860-665-8594**. If you wish to speak to someone in person, please leave a message after the recording and your call will be returned.

## **PROGRAM INFORMATION**

**\*\*All trips leave from and return to the front of Newington Town Hall across from Lucy Robbins Welles Library, unless otherwise specified.\*\***

You must arrive 30 minutes prior to start of program. Program times vary, please consult your confirmation letter. Parents must arrange to have their children picked up at the scheduled time of the trip return. If a trip return time is more than 20 minutes later than expected, parents will be notified.

**CANCELLATIONS:** We reserve the right to cancel programs because of insufficient registrations or causes beyond our control. If alternate options are not available a refund will be issued.

**WEATHER:** All outdoor activities are held rain or shine. In the case of severe weather conditions, all efforts will be made to offer alternate, indoor activities. **Call Line 860-665-8594.**

**REFUNDS:** No refunds will be given for cancellations made after confirmation letters are sent on **June 7, 2013** as we are required to reserve and pay for trips in advance.

**EMERGENCIES:** In case of a family emergency contact Human Services at 860-665-8590 between 8:30am and 4:30pm. After hours contact Newington Police at 860-666-8445 and ask them to call the Director of Human Services.

**WHAT TO BRING:** All participants should bring a hearty lunch and plenty of beverages (**NO GLASS**). Come appropriately prepared for the day's activity. We recommend sunscreen, sunglasses, comfortable shoes, daypack, clothing for changing weather conditions, and extra money if program requires it. Remember to bring swimwear and a towel on days where swimming is offered. Shoes must be worn at all times, in open (non-pool) water.

**SAFETY/DISCIPLINE:** All participants are expected to behave in a safe and responsible manner. Anyone displaying unsafe, disrespectful or disruptive behavior will receive a written warning. Parent/guardian will be contacted and this may result in removal from the program with no refund, depending on the severity of the action. There is a "zero tolerance" policy regarding weapons and illegal substances. Possession or use will result in automatic suspension.

**Non-Newington Students:** Are eligible for programs if there are openings prior to the start of the program. Newington students are given preference. Non-Newington residents should call for program eligibility.

**FINANCIAL ASSISTANCE:** Reduced fees MAY be available to income eligible Newington families. Indicate on registration forms your request for assistance, and someone from this department will contact you.

**AMERICANS WITH DISABILITY ACT:** ADA addresses issues of accessibility of facilities and programs. Reasonable program modifications will be made on a case by case basis to allow people with disabilities to both participate in, and benefit from programs. Documentation of disability is required when requesting reasonable modifications.

**Read each program description carefully and retain this brochure for future reference.**

# PROGRAMS FOR STUDENTS

## ENTERING GRADES 5 THRU 9

All programs leave promptly at designated times. Students must arrive 30 minutes earlier.

In order to promote safety and ensure students sign up for programs within their abilities, we indicate levels of challenge for each program.

Levels are as follows:



= Easy, for all levels of adventurers



= More physically active for increased adventure

Please take this information into account  
when signing your children up for programs.



### Whitewater Rafting!



This beautiful 10 mile trip through **mild whitewater** is a great new way to kick-off our summer programs. We will be on the "Fife Brook" section of the Deerfield River in Charlemont Mass. This trip is selected for youth groups and offers a lot of fun and excitement for all ages!

**THUR. JUNE 27:** Crabapple Whitewater  
Charlemont, MA

TIME: 8:00AM - 6:00PM  
FEE:\$70



### Go Take A Hike

(and discover hidden treasures)

Take a hike and discover the international game of Geo-Caching. Using Global Position Satellite (GPS) devices we will seek out and find hidden containers throughout the woods with messages, clues and treasures.

**You will need to be comfortable hiking 2-3 miles.**  
(GPS will be provided)

**FRI. JUNE 28:** Burr Pond trail, Torrington, CT

**MON. JULY 1:** Sleeping Giant State Park, Hamden, CT

TIME: 9:30AM -3:30 PM

FEE: \$25 each session (\$40 for both days)



### Travel Under the Oceans



Mystic Aquarium is always adding new and exciting exhibits to keep us intrigued with the world under the ocean's surface. Take a day to visit with Beluga whales, seals, sharks and so much more!

**TUES. JULY 2:** Mystic Aquarium, Mystic, CT

TIME: 9:30AM - 3:30PM

FEE: \$25



### CT State Park Days

We are planning to explore six CT State parks with activities that will include swimming, canoeing, kayaking & hiking. There is something for everyone!

**FRI. JULY 5:** Bigelow Hollow, Union, CT

**FRI. JULY 26:** Chatfield Hollow, CT

**FRI. AUG. 2:** Burr Pond, Torrington, CT

**FRI. AUG. 9:** Rocky Neck, Haddam, CT

TIME: 9:30AM -3:30PM

FEES: \$25 ea. day



### Bowling, Pizza & Movie

Students will go bowling and have a pizza lunch at Bowl-O-Rama on the Berlin Turnpike. After that we will catch a movie at one of the local cinemas!

**WED. JULY 3**

TIME: 10:00AM -4:00 PM

FEE: \$30



# PROGRAMS FOR STUDENTS ENTERING GRADES 5 THRU 9

All programs leave promptly at designated times. Students must arrive 30 minutes earlier.



## Beaches, Boats & Bikes

This is one of our most popular weeks of the summer that includes canoeing, water tubing, \*\* bike riding\*\* and a day of kayaking and swimming!



**\*You must be 4 foot, 5 inches or taller for the tubing.**

**\*\*You will need to provide your own bike and helmet for the "Rail Trail Biking & Ice Cream" day.**

**MON. JULY 8:** \*Tubing on the Farmington River  
TIME: 10:00 AM - 3:00 PM

**TUES. JULY 9:** \*\*Rail Trail Biking & Ice-Cream (Granby)  
TIME: 9:30 AM - 3:30 PM

**WED. JULY 10:** Canoe & picnic, Bigelow Hollow, Union, CT  
TIME: 9:30 AM- 3:30 PM

**THUR. JULY 11:** Rocky Neck Beach, Haddam, CT  
TIME: 9:30 AM- 3:30 PM

**FEES: 1 day = \$25; 2 days = \$45; 3 days = \$65;  
4 days = \$90**

*(Be sure to specify dates on registration)*



## Roger Williams Zoo

Go on a safari and find exotic species, including the world's tallest and largest land mammals! Learn how the land, people and animals of Africa are interconnected while watching zebras, wildebeests, wild dogs and more in action.



**FRI. JULY 12:** Providence, RI  
TIME: 9:00AM-4:00PM  
FEE: \$25



## Climb, Zip & Chillin' in the Pool!

Spend an action packed part of your day on Newington's 40 foot climbing tower, flying down the Zip Line. Then cool off in the heat of the afternoon at Mill Pond pool.



**MON. JULY 22:** Newington Challenge Course & Mill Pond Pool

TIME: 9:30AM - 3:30PM  
FEE: \$25



## Mini-Golf & Go-Karts

Join us for go-karts, mini-golf, batting cages, phazerball, the game room and more! This day is full of fun!



**THURS. JULY 18:** R & B Sports World, Winsted, CT

TIME: 9:30 AM - 3:30 PM  
FEE: \$35.00



## Community Service Day!

Give back to Newington and volunteer!



Our community service project for this day will involve trash clean-up throughout several Newington Parks. We'll get a pizza lunch and go swimming at Mill Pond afterwards.

**FRIDAY JULY 19 TIME: 9:30AM - 3:30PM  
NO FEE, JUST YOUR TIME!**



## Survivor Quest (3 Days)

This is our most popular summer program! We will be at the Newington Challenge Course & local parks for two days of Tribal challenges and cooling off in the pool at Mill Pond Park in the afternoon. On Day 3 we will complete our challenges at Bigelow Hollow for our Wacky Water day on Mashapaug Lake! No one is eliminated from the Island!! We guarantee fun, a little healthy competition and getting wet!



**TUES. JULY 23, WED. JULY 24 &  
THURS. JULY 25**

TIME: 9:30AM-3:30PM  
FEE: \$75



## Discover Bluff Point

We'll head south to Bluff Point on the CT shoreline to explore a variety of exciting creatures and habitats guided by the staff of the Denison Pequotsepos Nature Center. This is a hands-on program that has something to peak everyone's interests. Cast out your nets and see what you catch. We'll stop at the Dairy Queen near Bluff Point on the way home!



**MON. AUG. 5:** Bluff Point, Groton, CT  
TIME: 9:30AM-4:00PM  
FEE: \$25

# ADVENTURE PROGRAMS FOR STUDENTS

## ENTERING GRADES 6 THRU 9

All programs leave promptly at designated times. Students must arrive 30 minutes earlier.



### Base Camp on Mohawk Mountain July 15, 16 & 17



Three days of camping, hiking, geo-caching & swimming in northwestern Connecticut. We will be camping at the youth group camping area of Mohawk Mountain in Cornwall, CT. We supply the tents, sleeping pads, cooking gear, food and GPS equipment. You bring the spirit of adventure!

***\*\*There will be a pre-trip meeting for participants and parent/guardians at 5:30 PM Wednesday, July 10, 2013 in the Human Services conference room.***

**Departs Town Hall at 9:00 AM on Monday July 15**

**Returns by 3:30 PM on Wednesday July 17**

**Price: \$75 Staff: Rik Huggard & Liza Bocchichio**



### Adventure Explorations July 29, 30 & 31

On Monday we'll be out on the challenge course climbing the high ropes elements and flying down the zip line! Then, on Tuesday, we'll go canoeing on a meandering stretch of the Farmington River, and then rock climbing at Wolf Rock on Wednesday. If you enjoyed ROPE or the SCORE Adventure Club we are pushing up the level of challenges for all who participate.

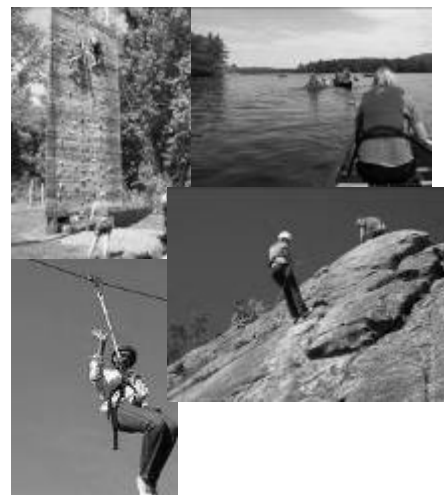
**MON. JULY 29:** Extreme High Adventure at Newington Challenge Course  
Newington, CT  
TIME: 9:00 AM - 4:00 PM

**TUES. JULY 30:** Canoeing & Kayaking on the Farmington River in Simsbury, CT  
TIME: 9:00 AM - 4:00 PM

**WEDS. JULY 31:** Rock Climbing at Wolf Rock in Mansfield, CT  
TIME: 9:00 AM - 4:00 PM

**FEE: \$30 ea. Day (\$80 for all 3 days & \$50 for any 2 day combination)**

**Staff: Rik Huggard, Liza Bocchichio, Michelle Pestillo, Neal Spencer,  
Piper Dumont & Gary Lundin**



### Funyaking on the Deerfield River

This is guaranteed to excite, cool and refresh! A "funyak" is a 9 foot long inflatable kayak. This trip will include a pre-trip safety and paddling lessons that will prepare you for the river, so even with no prior experience you can enjoy the thrills of river kayaking. Giant squirt guns and riverside snack are provided. Crab Apple Whitewater is the only outfitter in the region that run these trips and they are the best!

**THURSDAY AUG. 1:** Deerfield River, Charlemont, MA.

**TIME: 10:00AM - 8:00PM**

**FEE: \$40**





## **Can You Canoe?**

**For students entering grades 5 through 9**

Whether you have no experience or you are confident paddlers, this 3 day program will teach and practice all of the skills needed for canoeing safely. We will begin with the basics on the first day, then the second day we'll progress to more intermediate paddling skills, and finish up with a day long trip on the Farmington River. Swimming ability and the desire to have fun while learning are the only requirements!

**TUES. AUG. 6:** Burr Pond, Torrington, CT \*\*  
TIME: 9:00AM - 4:00PM

**WED. AUG. 7:** Bigelow Hollow, Union, CT \*\*  
TIME: 9:00AM - 4:00PM

**THUR. AUG. 8:** Farmington River \*\*  
TIME: 9:00AM - 4:00PM  
FEE: \$75 for all 3 days

Staff: Rik H., Neal Spencer & Piper Dumont

**\*\* LOCATIONS ARE SUBJECT TO CHANGE BASED ON WATER CONDITIONS**



## **New Program for Summer 2013**

**\*\*For Students entering 8th and 9th grades\*\***



## **WalkingStick Adventures**

Learn and practice all of the skills of top-rope rock climbing. Spend a day kayaking on a remote lake in northwestern, CT and go for a bike ride on the Farmington Valley rail trail. You don't need any prior experience - just the spirit of adventure! We provide all of the necessary gear and instruction from experienced guide staff.



**Here are several summer days to rock this summer!**

**Rock Climbing (2 days) - \$50**

**Mon. July 1 9:30am - 3:30pm:** on the high ropes course at ground school learning knots, gear and belaying skills.

**Tues. July 2 8:30am - 4:00pm:** Climbing at Chapel Ledges in Ashfield, MA

**Kayaking \$30**

**Thurs. July 11 9:00am - 4:00pm:** Kayaking on Lake Winchester in Winchester, CT

**Bike Riding \$30** (*you will need to provide bike and helmet*)

**Mon. Aug. 5 9:00am - 4:00pm:** Riding on the Rail Trail in Farmington, CT



**SIGN UP FOR ALL 4 DAYS AND PAY ONLY \$95**

***\*\*There are always opportunities for swimming on these days!\*\****

Staff: Rik Huggard, Liza Bocchichio, Gary Lundin, Piper Dumont & Neal Spencer

# Summer Youth Adventure REGISTRATION FORM

**\*\*Registration Deadline Is: June 6th, 2013\*\***

PLEASE COMPLETE THIS FORM AND RETURN IT ALONG WITH FULL PAYMENT TO:  
**NEWINGTON HUMAN SERVICES**

**131 CEDAR ST.  
NEWINGTON, CT. 06111**

**Summer Youth Adventure-Information 860-665-8594  
E-mail: rhuggard@newingtonct.gov**

**PLEASE PRINT OR TYPE**

STUDENT NAME \_\_\_\_\_ GRADE  
COMPLETED  
JUNE '13 \_\_\_\_\_ SCHOOL \_\_\_\_\_

<u>PROGRAM SELECTION</u>	<u>DATE</u>	<u>FEE</u>	<u>PROGRAM SELECTION</u>	<u>DATE</u>	<u>FEE</u>
1. _____	_____	_____	7. _____	_____	_____
2. _____	_____	_____	8. _____	_____	_____
3. _____	_____	_____	9. _____	_____	_____
4. _____	_____	_____	10. _____	_____	_____
5. _____	_____	_____	11. _____	_____	_____
6. _____	_____	_____	12. _____	_____	_____

TOTAL AMOUNT ENCLOSED \$ \_\_\_\_\_ CHECK NUMBER \_\_\_\_\_

**PLEASE MAKE CHECK PAYABLE TO: NEWINGTON HUMAN SERVICES**

**\*\*ONLY ONE CHECK REQUIRED\*\***

**\*Please circle the highest movie rating that you approve for your child to attend: PG PG13**

(Only if registered for Bowling, Pizza & Movie days or as an alternative due to inclement weather)

**FINANCIAL ASSISTANCE:** Reduced fees MAY be available to income eligible Newington families. Please indicate on the registration forms your request for assistance, and someone from this department will contact you.

**THERE ARE NO REFUNDS ONCE CONFIRMATION LETTERS ARE SENT OUT**

**\*\*Note: There is a \$25 returned check fee\*\***

**Please complete form on following page**

# SYA 2013 PERMISSION FORM (Must be completed)

STUDENT NAME \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_ AGE: \_\_\_\_\_  
PARENT/GUARDIAN NAME(S) \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
CELL/PAGER \_\_\_\_\_ HOME PHONE \_\_\_\_\_  
WORK PHONE \_\_\_\_\_ EMAIL \_\_\_\_\_  
(to receive updated/ongoing & future program information)

**\*\*Assumption of Liability: Participation in these activities may involve risk or injury. As a parent, guardian, or participant, I am aware of these hazards and my ability to participate. I hereby agree to release, discharge and hold harmless the Town of Newington, its employees, contracted instructors, and volunteers from the liabilities which may occur while participating in the activity. I understand that participation in any Human Services event or activity involves risk. I further understand that the Town of Newington does not provide accident/medical insurance for the program participants. In addition, I give permission for the participant to be treated by qualified medical personnel in the event that the above named parent/guardian/emergency contact cannot be reached at the phone numbers provided.**

I give my child permission to walk or bike home at the end of a SYA program. Please Circle Yes No

EMERGENCY CONTACT: NAME \_\_\_\_\_ PHONE \_\_\_\_\_  
(other than parent/guardian)

SIGNATURE OF PARENT/GUARDIAN \_\_\_\_\_ DATE \_\_\_\_\_

I give permission for my child to be videotaped and/or photographed for the purpose of community education. Yes No

Please use the space below to apprise us of any special health concerns, accessibility issues, or behavioral needs, or to request accommodation (include allergies, medications, etc):  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

You will be contacted for additional information, if needed.

MEDICAL INSURANCE CARRIER \_\_\_\_\_ POLICY NUMBER \_\_\_\_\_ HOSPITAL PREFERENCE \_\_\_\_\_

.....  
**\*\*This contract must be signed by BOTH participant and parent, and returned along with your registration form in order to participate in the program.\*\***

## **\*\*PARTICIPANT CONTRACT\*\***

This contract is an agreement between parents/guardians, students and staff to help ensure that this program operates in a fun, safe and cooperative manner. It is our hope that by reviewing our expectations for conduct, that ALL students and their parents will assist us with this effort.

- I agree to stay seated & keep my limbs in the van at all times.
- I agree to speak respectfully to EVERYONE, using appropriate language and voice level.
- I agree not to swear, name call or throw things.
- I agree to be with a "buddy" and/or with an adult chaperone at all times.
- I agree to report on time to the designated meeting location for each program.
- I agree to keep my hands to myself, respect others and their property.
- I agree to follow directions and listen attentively when adults are speaking to me.
- I agree to keep the vans clean.
- I agree not to use cell phones during programs.

Unacceptable behavior will result in a verbal warning, followed by a written warning, and if considered a serious safety violation or an unresolved ongoing issue, expulsion from the program without a refund.

Thank you for your assistance in helping to make this program a success.

Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

Student Signature: \_\_\_\_\_ Date: \_\_\_\_\_